

Supplementary Material 1

Effects of internal cooling on physical performance, physiological and perceptual parameters when exercising in the heat: a systematic review with meta-analyses

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1 Supplementary Data: Details of search strategy.

Database	MEDLINE (via PubMed)
Date of search	Dec 17, 2021
Keywords	(athlet* OR active) AND (((("2015"[Date - Publication] : "3000"[Date - Publication])) AND ((performance OR "side effect*" OR "side-effect*" OR "core temperature" OR "skin temperature" OR "gastrointestinal temperature" OR "rectal temperature" OR lactate OR "heart rate" OR heart-rate OR "thermal sensation" OR "thermal comfort" OR "rate of perceived exertion") AND (ice-slush* OR "ice ingestion" OR ice-slurr* OR menthol OR "internal cooling" OR cold-water OR "cold water"))))
Language	German OR English
Species	humans